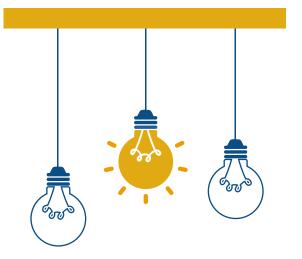


of workplace safety and injury prevention



- $\sqrt{\text{Encourage employee participation in safety efforts}}$
- $\sqrt{\text{Regularly conduct safety inspections}}$
- $\sqrt{\text{Provide necessary personal protective equipment}}$
- $\sqrt{$ Invest in safety training and education
- $\sqrt{\text{Recognize}}$ and reward safe behaviour



A stitch in time, saves nine, definitely stands true for cancer awareness

Educate employees on signs, symptoms, & importance of early detection

Provide resources for low-cost/free screenings, support, counseling



Regular cancer screenings to detect early-stage cancer



Encourage reporting of symptoms & follow-up on abnormal test results

Offer incentives for completing cancer screenings/ preventive measures

Encourage healthy lifestyle to reduce cancer risk (no smoking, healthy weight, diet)

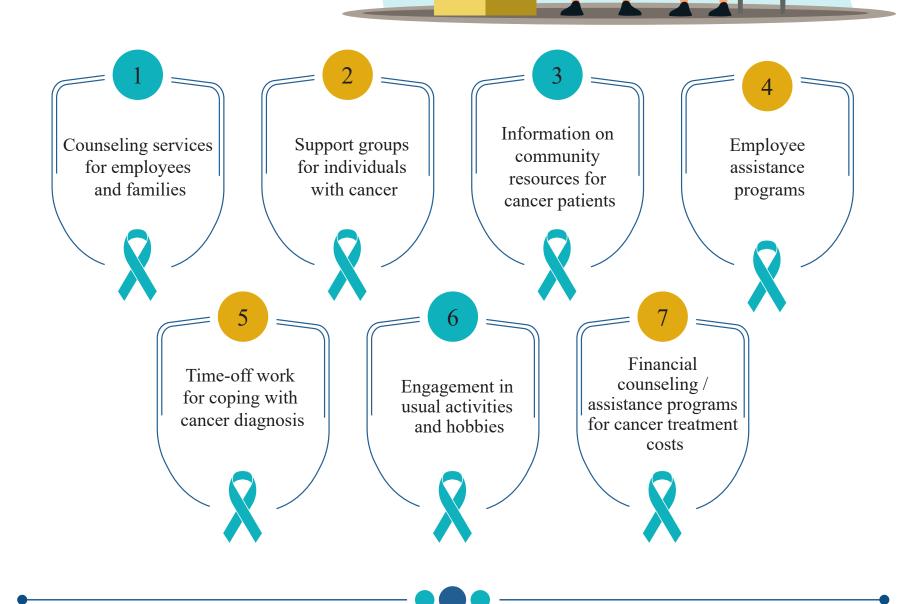




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Resources for employees dealing with the emotional and psychological impact of a cancer diagnosis



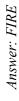


Mind benders

I am not alive, but I grow; I don't have lungs, but I need air; I don't have a mouth, but water kills me.

What am I?







For feedback and employee benefit requirement please write to sales.healthbenefits@jbbodamail.com

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